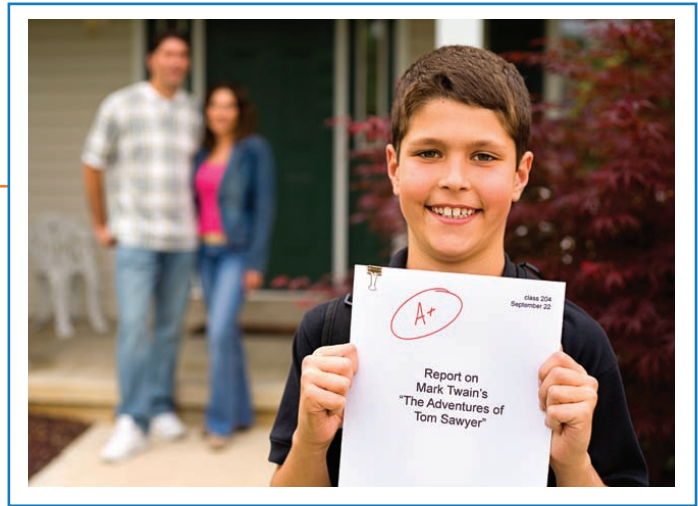


# Track and reward your child's success

## Tracking goals with your child and rewarding success.

A weekly Goal Tracker may help your child feel like he or she is accomplishing something each day and week until reaching the goal. Your child can fill in the Weekly Goal tracker on his or her own or you can do it together.



### How to use your Weekly Goal Tracker:

- Fill in your child's name along with the goal and actions you and your child agree upon.
- Mark his or her successes daily using checks, stars, or stickers.
- When your child makes progress or shows improvement, provide encouragement and the reward if one was agreed upon. Try using this My Reward card to help motivate your child.

## Weekly Goal Tracker

Child's name: \_\_\_\_\_ My goal is: \_\_\_\_\_

Action to achieve goal	M	T	W	T	F	S	S

### My Reward

(Child's Name) \_\_\_\_\_

will receive this reward: \_\_\_\_\_

on (date) \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ when I achieve my first goal \_\_\_\_\_

(Parent's Signature) \_\_\_\_\_ (Child's Signature) \_\_\_\_\_